



Tynedale Harriers & Athletic Club

**Tynedale Harriers & Athletics Club**  
**Code of Conduct for Senior Athletes**

Date reviewed: 11<sup>th</sup> June 2022

Date for next review: 11<sup>th</sup> June 2023

**Commitment**

Tynedale Harriers is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that is important to show respect and understanding for the safety and welfare of others. Therefore, all members must act within the rules, respect coaches and officials, their decisions and abide by safety information given.

With recommendations from UK Athletics, as a responsible athlete you will:

- Respect the rights, dignity and worth of every athlete, coach, technical official and others involved in athletics and treat everyone equally.
- Uphold the same values of sportsmanship off the field as you do when engaged in athletics
- Cooperate fully with others involved in the sport such as coaches, technical officials, team managers, doctors, physiotherapists, sport scientists and representatives of the governing body in the best interests of yourself and other athletes
- Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances
- Anticipate and be responsible for your own needs including being organised, having the appropriate equipment and being on time
- Inform your coach of any other coaching that you are seeking or receiving
- Always thank the coaches and officials who enable you to participate in athletics

As a responsible Athlete, when participating in or attending any athletics activities, including training/coaching sessions and competition events you will:

- Act with dignity and display courtesy and good manners towards others
- Avoid swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to yourself or others, acts of violence, bullying, harassment and physical and sexual abuse
- Challenge inappropriate behaviour and language by others
- Never engage in any inappropriate or illegal behaviour
- Avoid destructive behaviour and leave athletics venues as you find them
- Not carry or consume alcohol to excess and/or illegal substances.
- Avoid carrying any items that could be dangerous to yourself or others excluding athletics equipment used in the course of your athletics activity
- Report any accidental injury, distress, or questionable behaviour to the committee and club Welfare officer as soon as possible.



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- Report any suspected misconduct or inappropriate behaviour by other coaches or other people involved in athletics to the welfare officer and if necessary Regional, National or UKA welfare officers as soon as possible

Club welfare officers can be contacted through the “contact us” section on the website or direct by email at [welfare@tynedaleharriers.com](mailto:welfare@tynedaleharriers.com) Our welfare officers are Sarah Hanlon and Carol Marshall.