



## **Health & Safety Policy and Statement**

Our policy and statement below set out our commitment to health and safety and helps clarify the responsibilities of Tynedale Harriers & Athletic club.

### **Our Statement**

Our fundamental commitment is to ensure that our responsibilities are met under the Health & Safety at Work Act 1974 by providing a safe place for all club member participants, volunteers and those involved in the club which is, so far as possible, free from accident and injury.

The club is strongly committed to encouraging members to participate however the health, well-being and safety of participants, volunteers and those involved in the club is priority.

The club will manage its health and safety responsibilities by identifying hazards, carrying out risk assessments, put control measures in place, record findings and review safe practice.

### **Duty of Care**

Health and safety legislation does not include volunteer organisations in the same way as workers/employees however Tynedale Harriers & Athletic club do have a legal responsibility and a 'duty of care' under the Health & Safety at Work Act 1974 towards club member participants, volunteers and those involved in the operation of the club.

Club members participants, volunteers and those involved in the club also have a 'duty of care' to themselves and to others who may be affected by their activities.

We will demonstrate our commitment through our core values and principles, in essence our policy will act as a foundation for good practice, developing our activities, procedures and our standards.

Relevant safety measures will be put in place to ensure our statement is met by providing information and communication regarding:

- Recruitment of club volunteers
- Ensure training is carried out
- Relevant DBS & relevant Safeguarding
- Induction – Club Track and Field Etiquette & Code of Conduct
- Risk assessments to mitigate hazards
- Occupational health and welfare
- Information board, Website and Facebook
- Supervised coaching (for children)
- Legal (insurances)
- Feedback and review

Coached activities, whether track or field will be assessed to identify risks and control measures put in place to reduce the risk of accident and injury. The control measures will depend on the significant risk involved in the activity itself. Separate risk assessments can be found for outdoor running and track and field activities at the Wentworth.

Members, in particular children, will be assessed and given the appropriate level of training depending on their level of age, skill and ability.

The club will communicate this policy to ensure that members, volunteers and all those involved with the club are aware of their responsibilities and duty of care.

For all track coaching, access to adequate and suitable first aid facilities will be provided including ensuring qualified first aiders on site wherever possible (or know where to reach one quickly in the event of an accident/incident). Access to a first aid book for recording must be made available. This falls to the Active Northumberland Wentworth Leisure Centre in agreement with hire of the track and field facilities.

**Club participants, volunteer and those involved in the club**

Children (and their responsible adult/carer/guardian) and adults will take reasonable care for their own health and safety and those around them whilst on club premises, being coached, participating in club activities on and off site.

Fitness levels will be assessed by participants (depending on their age and maturity) whether to take part and/or compete with the club. In addition, guidance and advice from coaches will be used too.

All club participants, volunteers and those involved in the club will co-operate regarding health and safety issues.

Annual review (or sooner) will take place to monitor and assess club equipment to ensure its safe use. Unsafe equipment will be removed immediately if there is any doubt about its safe use.

Misuse or interference with club equipment will not be tolerated and will be dealt with under the club's disciplinary policy and procedures.

This policy will be reviewed on an annual basis or sooner depending on new and relevant government legislation, club improvements/suggestions and best practice.

The person appointed as having responsibility for Health and Safety is the Club Chairman.

Signed .....  ..... Date 12/6/2022 .....

Review Date 12/6/2023 .....